

NAGINDAS KHANDWALA COLLEGE
(EMPOWERED AUTONOMOUS)
National Service Scheme (N.S.S. B-28)
Annual Report 2024-25

National Service Scheme Unit (B-28) at Nagindas Khandwala College embarked on an inspiring journey of social service, personal growth, and environmental stewardship. Through a wide range of impactful activities, they fostered a spirit of well-being and left a lasting, positive influence on both the college community and the wider society.

In May and June 2024, NSS Unit B28 engaged in multiple impactful activities promoting community service and personal development. The Beach Cleanup Drive on 12th May at Juhu Beach, in collaboration with Ayudh, saw 11 NSS volunteers clean up waste, spreading environmental awareness. From 13th to 19th May, two volunteers



attended a Personality Development Camp at Vangaon, focusing on personal growth and teamwork. On 31st May, the unit celebrated Ahilya Devi Holkar Jayanti with cultural performances and a lecture on her legacy. June 2nd marked a Tree Plantation drive at MBMC Garden, Bhayandar, promoting environmental sustainability. A three-day Yoga Camp from 17th to 19th June introduced two volunteers to asanas and pranayama techniques, followed by the "Makers of Modern India" session on 19th June, highlighting Pandit Madan Mohan Malviya's legacy. The month concluded with International Yoga Day on 21st June, featuring chair yoga led by Fenil Purohit and a valedictory ceremony for the yoga camp.

The NSS Unit B28 organized a variety of impactful activities promoting social responsibility, personal development, and community engagement. These included a Blood Donation felicitation, a Rakhi stall supporting specially abled children, a Guru Purnima celebration honoring mentors, and an MDACS Peer Educator Workshop educating youth on HIV/AIDS. The Shram Sanskar Shibir camp provided hands-on community service, while the Stress Management Workshop introduced yoga techniques for mental clarity. Additionally, the Anti-Human Trafficking inauguration raised awareness, and the Prem Utsav event celebrated cultural diversity through multilingual performances.

In August 2024, NSS Unit B28 organized several impactful events. The month started with the inauguration of the Red Ribbon Club on 1st August by Dr. Vivek J. Chaubey, promoting HIV/AIDS awareness. A session on social media awareness by Riya Jogi was also held the same day. On 2nd August, a Free Eye Checkup Camp was conducted, followed by a



session on consumerism and food adulteration by Shri Gajanan Patil. Dr. Amit Patel led an HIV/AIDS session on 6th August, and on 9th August, Mr. Rohit Dalvi conducted a road safety education session. Financial literacy and value investing sessions were held on 16th and 17th August, led by Mr. Pravin Dhuri and CA Hardik Thakkar, respectively. The Utkarsh Talent Hunt on 3rd August, a social sensitization session on 7th August by Mr. Sandesh Lalde, and a beach cleanup drive on 18th August were also notable events. The month concluded with sessions on democracy, road safety, and environmental sustainability, fostering learning and community involvement.



In September 2024, NSS Unit B28 was involved in a series of impactful activities promoting social awareness, environmental sustainability, and personal development. On 2nd September, the unit collaborated with the Anti-Human Trafficking Cell for a mental health session, "Zindagi Na Milegi Dobara," led by Ms. Esther Sam, which emphasized the importance of mental wellness and support services.

On 9th September, a street play on women's safety was performed in Bhadran Nagar, Malad, highlighting the urgency of addressing harassment. On 4th September, three volunteers attended an interaction with the Lithuanian Ambassador, while on 5th September, Teachers' Day was celebrated with eight NSS volunteers contributing to the event. Swami Vivekananda's legacy was commemorated on 11th September, followed by a CPR workshop on 12th September, where 136 participants learned life-saving skills. An Art Therapy session was held on 19th September, fostering emotional well-being through creativity, and a Career Guidance Workshop on 20th September helped students explore future opportunities. A 3-day Youth Residential Camp from 20th to 22nd September at Ramakrishna Math delved into spiritual teachings. A Mega Beach Cleanup on 21st September saw participation across three beaches—



Arnala, Juhu, and Erangal—under the Swachhata Hi Seva 2024 initiative, uniting over 100 volunteers for coastal preservation. The month concluded with NSS Orientation on 24th September, led by Associate Professor Suresh Shetkar, celebrating the spirit and impact of NSS service

In October 2024, NSS Unit B28 engaged in several meaningful activities. On 2nd October, 32 volunteers attended Bhajan Sandhya at Gateway of India to mark Mahatma Gandhi's birth anniversary, followed by a Coastal Cleanup Drive at Marve Beach, promoting environmental awareness. On 5th October, 30 volunteers participated in “Rangon se Shiksha”, a school painting event at Madh Island, fostering a positive learning environment. On 19th October, 65 volunteers joined the “Walk for Freedom”, a silent rally against human trafficking. The month concluded with two key programs: a



October and an Election Awareness Campus Ambassador Program on 28th October.

In November 2024, NSS Unit B28 participated in various leadership, community service, and awareness activities. From 4th to 8th November, three volunteers

attended the Leadership Training Programme Camp at Gagangiri Maharaj Ashram, Manori, developing key leadership skills. On 16th November, volunteers celebrated Children's Day at Zilla Parishad School, Arnala, and performed a Street Play to encourage voting in Arnala, Virar. On 20th November, 26 volunteers contributed to the Election Volunteering Event in Malvani, Malad West. "Me, Mumbai aur Climate Change" was held at Don Bosco School, Matunga, where volunteers discussed environmental issues and individual actions for climate preservation. On 25th November, a Career Guidance Session led by Mr. Sandesh Ladge was conducted in collaboration with AYDC, providing valuable career insights to students. On 26th November, multiple Constitution Day activities took place, including rallies at Kalina Campus and Worli, with NSS volunteers promoting constitutional values and democracy. On the same day, the unit also celebrated Constitution Day within the college by reading the Preamble. On 27th November, an IBM Skill Building Workshop was organized, offering technical and professional skills training to 65 volunteers. A Legal Awareness Session followed on 28th November, educating volunteers on legal rights and procedures. The month concluded with several sporting events on 30th November, including cricket, chess, carrom, and badminton competitions, organized by AYDC at Nirmala Niketan College, where NSS volunteers demonstrated teamwork, strategy, and sportsmanship.



In December 2024, NSS Unit B28 organized and participated in several impactful events. On 3rd December, the unit collaborated with the Blue-Ribbon Movement (BRM) to conduct Aamchi Mumbai: A Card Game, which focused on civic issues in Mumbai. On 4th December, a Blood Donation Drive was held in the college auditorium in collaboration with St. George's Hospital and sponsored by HDFC Bank, where 44 donors contributed, supported by 23 NSS volunteers, benefiting many recipients. On 5th December, a session on the POCSO Act was organized in collaboration with the Rakshin Project, raising awareness about child protection laws. The Self-Management Workshop on 7th December, in collaboration with AYUDH India, emphasized mental and emotional well-being. Volunteers also participated in the Bhagavad Gita Quiz and a Tree Plantation Drive on 8th December, both organized by AYUDH India. From 17th to 20th December, NSS Unit B28 hosted the Fit India Campaign, featuring sessions on Yoga, Sports, Fitness Awareness, and Nutrition. Finally, on 25th December, the unit celebrated Christmas with 42

volunteers at Jeevan Sahara Old Age Home in Vasai, spreading joy among the elderly residents.



In January 2025, NSS Unit B-28 organized and participated in several impactful events. The Granth Dindi Yatra on 4th January at Kalina Campus promoted reading culture and knowledge. On 6th January, the Youth Empowerment Program focused on leadership and mental well-being, followed by an IBM Skill Building Workshop on the 7th, highlighting AI

and skill development. Gender Justice and Reading Culture and Today's Youth sessions on 8th January emphasized gender equity and reviving reading habits among youth. On 9th January, AYDC hosted a Poem, Essay, and Poster Competition fostering creativity. The National Youth Day celebrations on 12th and 13th January honored Swami Vivekananda's teachings. Throughout the month, events like the Mutual Fund Investment session, Save Wetlands Campaign, Cleanup Drives, and the National Conference on Socioeconomic Impact on Academic Research contributed to environmental conservation and academic discourse. The month concluded with the HOSH Conclave on 31st January, focusing on sustainable farming, clean food, and water conservation

Nagindas Khandwala College, through its NSS Unit B28, organized a series of impactful events in February 2025, focusing on education, cultural awareness, and social responsibility. The Mumbai Suburban Youth Festival on 1st February recognized the college's outstanding contributions with the Best College Award. On 3rd February, a session on Global Careers in Economics led by Dr. Aditya Kuvalekar offered valuable career insights.



The Youth Week (3rd-7th February) featured engaging events like:

- Day 1 (3rd Feb): Blockchain Game and Essay Writing competitions.
- Day 2 (4th Feb): "Myths & Facts" event educating students on the Constitution.
- Day 3 (5th Feb): Constitution Awareness Session and a lively Talent Show.

- Day 4 (6th Feb): Odisha Culture Orientation and Virtual Heritage Puzzle.
- Day 5 (7th Feb): "Think, Click, & Speak" event, Indian Culture Session, and Valedictory Function.

Following this, a Mental Health Awareness Session was held on 10th February, followed by the Jai Shivaji Jai Bharat Padyatra on 19th February, and the Samvidhan Amrutya Mohatsav at Mumbai University on 20th February. A Shore Cleanliness Campaign at Arnala Beach on 23rd February and a Blood Donation Camp on 25th February highlighted the college's commitment to community welfare, while the Marathi Bhasha Gaurav Divas on 27th February celebrated Maharashtra's rich cultural heritage

NSS Special Camp Report 2024

NSS UNIT (B-28) organized a highly impactful NSS Special Camp from 14th December 2024 to 20th December 2024 at Zilla Parishad School, Karambeli Post Varsal Taluka Pen, Raigad District.

Day 1: Began with the volunteers arriving at the camp and settling in, followed by team-building activities and a motivational session by Mr. Ranjit Pawar. A relaxing yoga session by Dr. Vidyadayini Shetty, interactive games by Dr. Kavita Kalkoti, and a reflective discussion concluded the day.



On Day 2, the volunteers participated in Shramdaan, planting trees, and an insightful session on Disaster Management by Mr. Manish Pal, followed by a cultural program in the evening.

On Day 3, focused on community engagement through continued tree plantation, a team bonding session by Mr. Sandesh Large, and an emotional dance movement therapy session by Ms. Swati Rane. The day ended with sports and reflection.

On Day 4, a street play training by Mr. Sandesh Large emphasized social messaging, followed by sessions on Social Quotient by Dr. Ancy Jose and Nutrition by Dr. Vivek Chaubey.



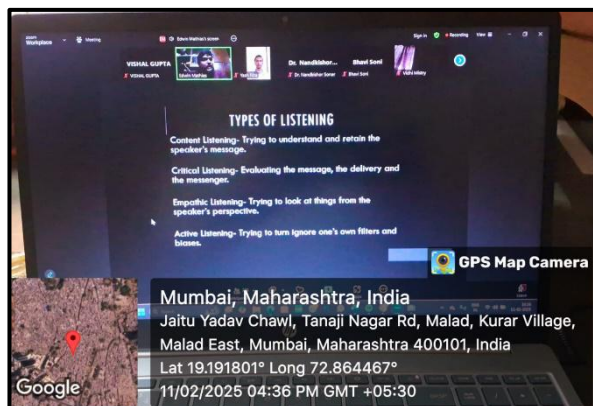
Day 5 featured Zumba, group work, and a visit to a brick kiln, followed by sessions on Tribal History by Dr. Prakash Masram and Nomadic Tribes by Dr. Narayan Bhosale. The evening saw a cultural event by village children and a stargazing session.

Day 6 included a Health and Nutrition Survey and a Sports Competition before the Award Ceremony and the final Campfire Night, where

volunteers celebrated their shared journey.

Finally, Day 7 was marked by completing the Mogra tree plantation and conducting a health survey before the emotional farewell. The NSS Special Camp 2024 left a lasting impact, fostering leadership, empathy, and social responsibility among all participants. The memories and lessons learned will continue to inspire positive change in their communities.

The NSS Cell, University of Mumbai & NSS Unit (B-28) in collaboration with the Department of English, organized a series of engaging online sessions from 10th to 18th February 2025 “SOFT SKILLS DEVELOPMENT PROGRAMME”. These sessions included **Stress Coping** by Asst. Prof. Amruta Sahasrabuddhe, focusing on stress management techniques; **Mastering Listening Skills & Developing a Positive Body Image** by Asst. Prof. Edwin Mathias and Asst. Prof. Mallika Rane; **Facing the Public & NEP & Community Engagement** by Dr. Meha Mandawewala and Dr. Vivek Chaubey, which emphasized public speaking and the National Education Policy's role in community engagement. **Social Quotient & Managing Social Apps** by Dr. Nelson Daniel and Asso. Prof. Suresh Shetkar, explored maintaining a healthy social quotient; **The Art of Influence & Mastering Communication Skills** by Ms. Riya Jogi and Dr. Nandkishor Sonar helped participants hone presentation and communication techniques. **Rules and Manners in Public Spaces & Team Building** by Asst. Prof. Preethi Rao and Dr. Kavita Kalkoti emphasized etiquette and self-growth. **Personality Development & Advertising as a Tool of Communication** by CA Hardik Thakkar and Dr. Preeti Tripathi explored personal growth and advertising's role in communication. Lastly, **Intermediate Communication Skills - Elevate with Impact & Conquering Exam Fear** by Ms. Ashmika Parihar and Asst. Prof.

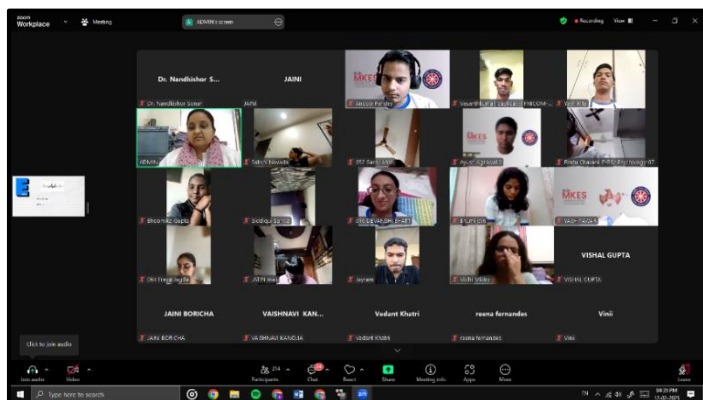


Elizabeth George, focused on enhancing communication and overcoming exam anxiety. Each session was a valuable learning experience for the participants.

On 3rd March, a prestigious event was held at the college auditorium of Nagindas Khandwala College, organized by the NSS cell, University of Mumbai, in collaboration with Brahma Kumaris, Malad (Mumbai), IQAC of Nagindas Khandwala College, IQAC of MKES College of Law, NSS Units (B-28 & SB-26), and the Gymkhana of Nagindas Khandwala College. The event was graced by the chief guests, world boxing champion Mary Kom and businessman Hitesh Chaudhary, who delivered motivational speeches. Dignitaries including Director Dr. Mrs. Ancy Jose, Principal Prof. Dr. Moushumi Datta, Vice Principal and IQAC Coordinator Prof. Dr. Mona Mehta, and Dr. Vivek J. Chaubey, the programme convenor, were present. The event, marked by enthusiasm and collaboration, was a grand success.

The NSS Unit (B-28) of our college has proudly won the Best College Award for the year 2024-25 at the Mumbai Suburban Youth Festival, organized by Nirmala Niketan Extension Centre. Additionally, our NSS Unit has been ranked among the top colleges for maximum completion of the Online Organ Donation Awareness activity, conducted by V4Organs

Foundation in collaboration with various universities in Maharashtra, maintaining its top position for an impressive four years in a row.



Dr. Vivek J Chaubey,
Programme Officer, NSS Unit (B-28) and Convenor