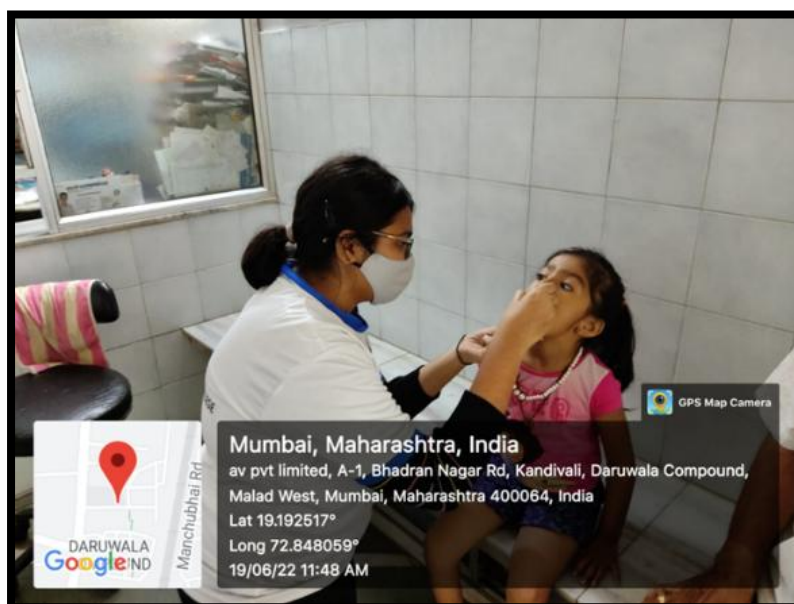




**NAGINDAS KHANDWALA COLLEGE
(EMPOWERED AUTONOMOUS)
National Service Scheme (N.S.S. B-28)
Annual Report of N.S.S. for 2022-23**

On 18th June 2022, our Volunteers were trained on how they can give Polio drops to children by the doctors of Surana Hospital. They were also taught about the importance of the polio drive.



On 20th July 2022, the Orientation provided information and objectives about Anubhav Mumbai. The speakers spoke about the importance of achieving fruitful career and how every student is deprived of this necessity being a part of this technological world.

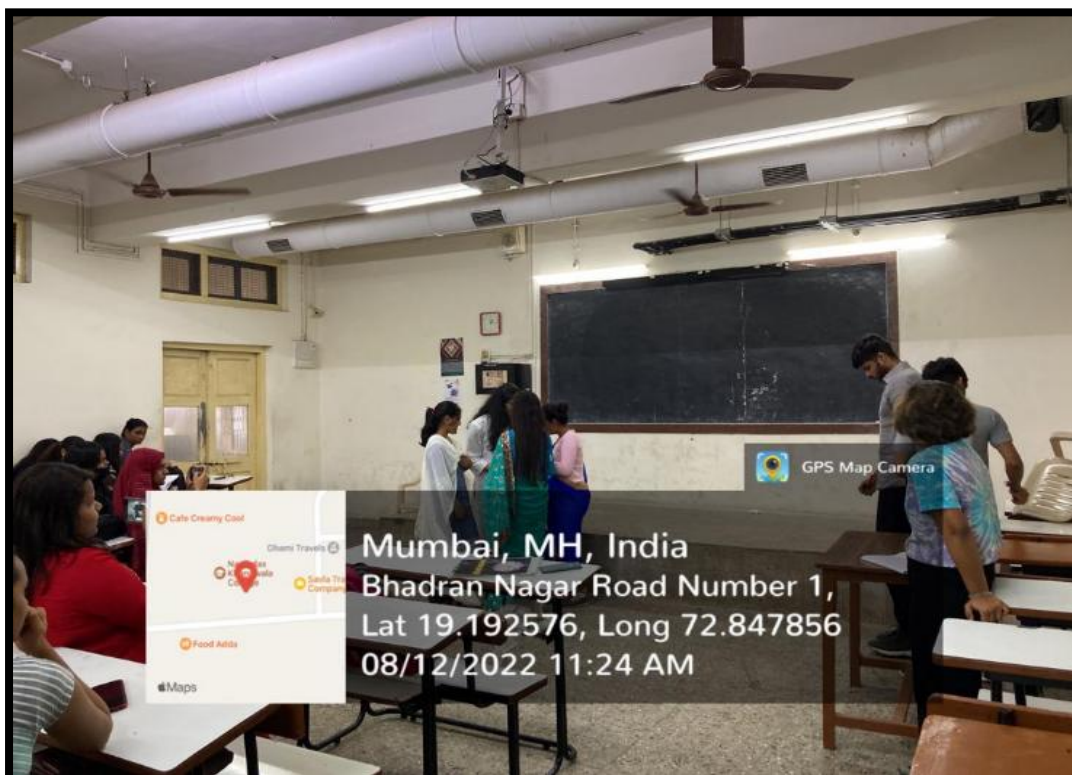


On 27th July 2022, blood donation drive that created awareness among the people about the importance of blood and encouraged people to donate and save lives. People from different areas came together and donated blood for the social course.

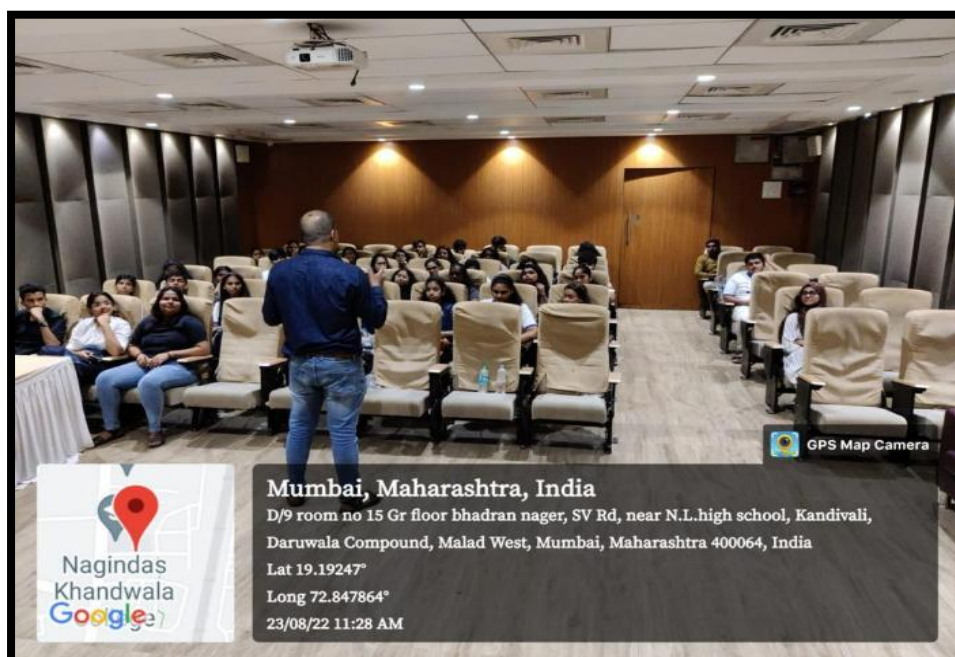


Inspired by Swami Vivekananda's vision and mission, Youth Week was organized from 4th August to 12 August, 2022. Different competitions like organized to empower the youths. In the same month, HIV and AIDS Awareness Program was conducted





In the month of September 2022, a talk on 'Teamwork' was organized. A session on Basic life-saver was also conducted in the same month that taught the students all basic things that are needed to save a person's life in case of emergencies or accidents



October, a month packed with several events, where one of the most important events was conducted. Civil Defence Foundation Course was organized by KES B. K. Shroff College of Arts & M. H Shroff College of Commerce, here the volunteers learned about self-defence and important techniques which they lagged in. Swachh Bharat Abhiyan- Clean-up Drive, Plastic Bag Collection, Dry Waste Collection, etc. were some of the events organised with the aim of spreading awareness as well as for maintaining a clean and wealthy environment. Pointing out

events such as Cloth Bag making and distribution were also conducted keeping in mind the aim to promote awareness regarding harmful use of plastic. As it is rightly said 'Unity is diversity', the University of Mumbai had conducted a Unity Run to promote the importance of 'Unity in life'. A session was kept on Honest and Integrity by N.S.S. Unit [B-28] in collaboration with Anubhav Youth Development Centre to encourage students and help them learn values.





November, the flow for conducting events was still on. The N.S.S. Unit was conducting events all day, every day. Enhancing activities like as Poster Making competition, Maritime walk, RTI campaign etc., not forgetting the main highlights which were the University Level Anti Dowry Rally, Film, Television and Acting workshop, Street Play Training Workshop, District Level quiz competition on HIV/AIDS, Cultural Programme by students of Mauritius Marathi Cultural Centre, inter collegiate street play competition, State level disaster preparedness camp, etc.





Within no time December was there, giving NSS volunteers a hectic line up schedule. To begin with the University Level Events such as Organ Donation Awareness Programme, Pledge for Swachh Bharat Abhiyan etc. Voter's Id drive, Bhasha Sangam, Beach Clean-up Drive, etc. were some of the college level events. Following were the Cultural events organised by the N.S.S. Unit of Sathaye College- Mono Act Competition, Dance Competition, Poster with Slogan making Competition etc. The Blood Donation Drive conducted by our college was a step up towards promoting the importance of donating blood to save lives. The District Level and state level selection of Utkarsh and the N.S.S. Special Camp of 7 Days was organised by the college from 10th December to 16th December 2022 at Z.P School. Students visited agro-based industries. Students found that yoga sessions organized during the camp improved their physical and mental well-being. In addition to improving flexibility, strength and balance these

sessions reduced their stress level significantly and proved an important aid in weight management. Cleanliness drive was conducted during the camp. Street plays were performed in the Arnala village to create social awareness. Different Sports activities were conducted for the school children. Socio-economic survey was also done in the village.



Utkarsh 2022-2023, was conducted in the month Of January which was one of the most remarkable Camps. Events such as Road Safety awareness, Street Play on Road Safety, Save Birds talk and Rally, Nation Building through scientific disaster and water management, Talk on Scientific Temper etc. were conducted on college level. The main Highlights of this month were Marathi Tituka Melvava organised by Maharashtra Shasan Marathi Bhasha Vibhag,

National Youth Day organized by Ramkrishna mission, Mumbai Sustainability Summit organised by Vivekananda Youth Connect Foundation etc.







Lastly in February, the most awaited event University Level 9 Days Soft Skills Programme in association with Department of English and NSS Cell, University of Mumbai was organised. Students from various colleges under the jurisdiction of Mumbai University attended sessions and were immensely benefited by the sessions. Feedback obtained for all the sessions was quite satisfactory. There were some intra-collegiate college events which encouraged and motivated students, for example, the inner power outer dynamism organised in collaboration with Art of

living. The programme of Environmental Justice organised in collaboration with AYDC. Also programmes like tree plantation and kitchen gardening in collaboration with united way Mumbai, were also proved to be beneficial. Students also attended inter-collegiate programmes like First Aid and CPR organised by Dalmia College, understanding Digi locker, Art of action fest by Akshara Y Talks, RTI by AYDC, etc. The Youth Stand for Peace organised by the University of Mumbai is also one of the important sessions conducted to build the skills and develop patience in an individual.

Dr. Vivek J. Chaubey

NSS Programme Officer