

**Programme: M.Sc. in Integrative Nutrition & Dietetics**

**Academic year 2025-2026**

**Curriculum Framework of First Year under NEP**

Level	Sem	Major		RM	OJT, FP, CEP, CC, RP	Credits	Cumulative Credits
		Mandatory (DSC 1, 2 & DSC 3)	Electives				
6.0	I	Metabolic Adaptations (4)  Nutrition Across Lifespan (4)  Principles of Food Science and Preservation (4)  Applied food science & Dietary Management through Lifecycle (2)	Contemporary Issues and Advances in Human Nutrition (4)  OR  Instrumentation (4)	Quantitative Research Methodology (4)	-----	22	160-176 (UG Honours)
	Credits	14	4	4	0		
	II	Qualitative Research Strategies in Nutrition and Dietetics (4)  Clinical Nutrition - I (4)  Medical Nutrition Therapy - I (2)  Nutritional Status and Fitness Assessment (4)	Food Quality Control and Shelf Life Studies (4)  OR  Food Service Management (4)	-----	OJT: Internship and Industrial Training (4)	22	
	Credits	14	4	0	4		
Total credits in 1st year		28	8	4	4	44	
Cum Cr.		74	16	4	22		

**Four Year UG Honours Degree in Major and Minor with 160-176 credits**

**Programme: M.Sc. in Integrative Nutrition & Dietetics**

**Academic year 2025-2026**

**Curriculum Framework of Second Year under NEP**

Level	Sem	Major		RM	OJT, FP, CEP, CC, RP	Credits	Cumulative Credits
		Mandatory (DSC 1, 2 & DSC 3)	Electives				
6.0	III	Nutrigenetics and Personalised Nutrition (4)	Biostatistics and Documentation of Research (4)  OR Applied Nutrition (4)	-----	RP: Research Project - I (4)	22	160-176 (UG Honours with Research Degree)
		Food Science, Processing and Preservation (4)					
		Nutrition through Life Cycle (4)					
		Experimental Cookery & Life Cycle Nutrition (2)					
	Credits	14	4	0	4		
IV	Exercise, Sleep and Stress Management (4)	Mindful Eating and Nutritional Counselling (4)  OR Food Packaging and Labelling (4)	-----	RP: Research Project - II (6)	22		
	Nutritional Epidemiology (4)						
	Qualitative Research in Nutrition (4)						
	Credits						12
Total credits in 2nd year		26	8	0	10	44	
Cum Cr.		100	24	4	32	160	

**Four Year UG Honours with Research Degree in Major and Minor with 160-176 credits**